

Fashion isn't all that important.

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Have you ever thought that fashion is important in your life?

Have you ever wanted to be fashionable?

For me, fashion is important. clothes, shoes, and hat.

All of them are important to me to protect me.

I always care about what I'm going to wear to school.

Even if it's not school, I do care what clothes I should wear. when I'm going outside.

I try to not care about my clothes, but I was not able to stay away from fashion.

And then at some point, I thought about WHAT IS good or what is bad about fashion.

Then I want to know why fashion is not important in our life.

That is why I picked this topic.

My thesis about this is that fashion is not that important in our life and it doesn't matter what clothes you wear.

First, I will explain why fashion doesn't matter in our life.

Fashion is not important because it is just a thing that you wear, and people only can see the clothes. The real matter in people's lives is personality and relationships with good people.

You can't be rich if you wear fancy clothes.

You can't be a superstar with just good fashion.

Fashion is not important in your life at all!

Next, I will look at problems with fashion.

If you focus on fashion so much or

what clothes should you wear to school or another Place,

It will be distracting in your life and not care about important things in life that you should really care about.

That is not good because people need to keep focusing on real important things, not fashion and clothes.

That is why fashion is not important at all.

Finally, we will look for solutions to keep focusing on fashion and not focus on important things in life.

First, wear the same clothes for a few days. That will be
make you spend much less time thinking about what clothes you should wear.

Second, don't buy lots of clothes.

This is almost same concept as first solution but still if you don't buy a lot of clothes,
you can focus on other thing except for
fashion.

Lastly, try not to think about fashion.

This is the most basic thing that we can do, just think.

clothes are only for protection, then you will be able to not think about fashion and clothes.

So those three will be our solutions to keep away from fashion.

What is the problem of fashion or the fashion industry?

1. Micro plastic from clothes can pollute the ocean badly.

So, if we throw used clothes out, it turns to micro plastic and that thing leaks into the ocean, and then sea animals eat that -plastic with other food and we eat that sea animal that has plastic in it.

If we eat that sea animal, we are gonna have micro plastic in our body and plastic in our body is not going to have positive effects for your health -so throwing out your old clothes is harmful to sea animals and all the people on earth.

That is the first reason that the fashion industry is dangerous to everybody.

2. industry accounts for between 5% and 10% of global greenhouse gas emissions.

That means making a lot of clothes is a terrible thing to do to the earth.

It can harm the earth. That is not good for us either. Because if the earth gets polluted, we will be harmed too because all the dangerous and harmful things from us are coming back to us again.

That is the second reason that the fashion industry is dangerous to us and earth.

3. Fast fashion makes clothes cheaper, but it causes problems for the environment.

Because if they make a lot of clothes at the same time that will make clothes cheaper, but a lot of clothes will be thrown away because people won't buy it, or people just throw it away because it's old.

In 2017, families in Europe throw away an average of 11 kg of clothes each year. It's a lot of clothes.

So fast fashion creates environmental problems, but it makes it easier to buy more clothes with little money.

Fashion is not important in your life at all. Because it is just a small part of life. Do you know why?

First reason is that fashion doesn't make you a better person. Because if we assume that you have a bad personality. You say swear words every time and you act violently.

But you wear good clothes? Did you think that people are going to think that you're nice and good because of your good clothes?

No, so fashion doesn't matter.

The matter in people's life is personality.

Second reason is Fashion can't save people's lives.

Think about it. If you have good clothes.

Do good clothes save you? If you have a car crash, does good clothes save you from injury?

No. Good clothes can't save you from dangerous moments in your life. So good clothes don't matter in your life. Safety is the real matter.

Last reason is that clothes can't improve your quality of life.

If you wear good clothes, your quality of life doesn't improve. Because your life quality improves when you have a good personality and relationships.

You can make friends with a lot of people if you look good and nice, but your life quality will be the same as before because good clothes don't make your life quality better.

Relationships with other people and your personality are only able to improve your life. Therefore, fashion doesn't matter in your life.

- **So how can we solve environmental problems about fashion?**

- If you have clothes that are small for you or short for you?

Don't throw it out. recycle it. Like making long pants to shorts. If you recycle your old clothes, it will have a good effect on the earth and us. The environment will not be destroyed by clothes and the earth will be healthier.

If you want to buy new clothes?

Do not buy it and wear the same clothes a few days over and over. Because if you buy more clothes, you are probably going to throw out more clothes. That will be bad for every living thing on earth. So just wear the same clothes over and over.

If you can't stay away from fashion?

Think about other important things in your life. Like your friends or your family. Also, you can think of important tasks in your life. Like your future dream or your future goal. That thinking will help you to stay away from fashion and not care about it anymore.

It's ok to care about your clothes a little bit but don't care every-time. It will ruin your life routine

Conclusion

Remember, I first talk about why fashion is not important in our life. Then, I explain some of the problems with fashion and focus on fashion.

Finally, we looked together at some possible solutions to make positive changes to keep away from fashion.

So why is keeping away from fashion so important?

Because fashion makes it hard for people to focus on real important things. Like relationships with friends or family, your life goals, your career.

Fashion makes you not care about important things. That means if you focus on fashion a lot, you can't make relationships or you can't get your life goal. That is why we should keep away from fashion.

To keep away from fashion, you can think about what your main goal of life is.

Or you can do something really big so you can forget about fashion. If it is too hard to do a lot of stuff, you can just buy less clothes.

because buying less clothes can help you to stay away from fashion because you don't have lots of choice to choose clothes for the rest of the day. So that is the solution to keep away from fashion.

Thank you for listening.