

SA2045 Original Monologue

Topic: Chemicals In Food Cause Major Health Risks

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Genetically modified foods. Do they sound good to you? Well I will tell you no since it's causing too much harm to the world. Hello my name is ian and today i will present the reason genetically modified foods are bad for the world. Firstly I will be talking about what genetically modified foods are, then I will be talking about the current problems and finally I will talk about the solutions.

Firstly you might come up with the question: what is genetically modified foods? Let me tell you that genetically modified foods are foods that had their DNA modified and changed to fit what they need to be to sell better and or be better quality. Also another reason they do GM foods is because they want the food to be more resistant to chemicals. According to natural health in 2021 The purpose of GM foods is to change the DNA in plants and animals to make them more productive or farming techniques, like being doused with chemicals that would ordinarily kill them. Likewise since the plants and animals are more resistant to the chemicals then it's easier to use it to stop pests so companies do it so the crops will be safer from animals.

This could have harms though. Since Gm foods are changing a plant or animal's DNA so that they would be more resistant they will most likely contain chemicals since they are more resistant to them. According to Dona and Ioannis in 2009

GM foods have shown that they may toxically affect several organs. Results of most studies with GM foods indicate that they may cause some common toxic effects such as hepatic, pancreatic, renal, or reproductive effects and may alter the haematological, biochemical, and immunologic parameters. GM foods have a high chance of toxically affecting your organs so they might harm you severely.

Finally is the solutions

First look at the tag if it says it's GMO free or not if a food does not say that it's GMO-free, then it's safe to assume that it has GMOs in it. Also be aware of this problem and tell people you know about it since GMs can cause various health risks and affect a lot of people.

Finally, let's go back to the topic: genetically modified foods are bad for the world if you look at the health risks and harms they outweigh the benefits so I will say yes they are harmful to the world.